

## ***Creative Discovery Living Ireland Experience 2024 with Pasha Hogan***

***\*\*\*Exclusive Pre-Release & Discount to The Red Shoes Family!!!\*\*\*\*\****

Have you dreamed of going to Ireland? Let 2024 be your year to cross ocean and transform your life with the beauty and magic of Ireland. I am here waiting for you!

You are invited to leave the ordinary behind, venture across the wild waves of your heart, and commune in an intimately magical and mystical retreat that will surely make your heart and soul sing.

Together we will activate the mythopoetic imagination through the poetry, myths and legends of Ireland. Each morning after breakfast we will gather with a poem or meditation that that will set the stage for the day's itinerary and adventures. Daily expeditions will include venturing out into the wilds of Connemara, walking along dramatic coast lines, a cruise around Clew Bay, meeting locals and experts sharing unique history and legends, as well as visiting beautiful country side, villages, and towns along the Wild Atlantic Way. There will be opportunities for gentle yoga practices, sitting in sacred circle together, and free time to enjoy soaking in hot tubs, swimming in an outdoor heated pool, coastal and woodland walks or just putting your feet up and relaxing in a beautiful setting. All without having to take care of anyone but your precious self!

The Irish adventure will start with a visit to the **dramatic Cliffs of Moher**, and a three-night stay in the Westport Plaza Hotel in County Mayo. **Westport** is a charming and picturesque Irish town with lots of local artisan shops, excellent restaurants, pubs and a great music scene.

Our next stay is three nights at the **magical Renvyle House Hotel on the Connemara Coast**; there will be unique outings with plenty of time to relax, gather and enjoy the amenities and natural surroundings.

No trip to Ireland is complete without a visit to the **lively, and artsy Galway**, the "City of the Tribes." We will spend our last day and evening together in Galway, which will include a short walking tour of the city with free time for lunch/ shopping and a closing celebratory dinner.

This is an invitation to travel in an intentional and awakened way. It is thoughtfully designed for those who are interested in their personal growth and want to nourish their body, mind and soul.

Bring your adventurous spirit, along with an open and curious heart-mind. A good sense of humor and appetite won't go astray either. There will be plenty of "craic agus ceol" (fun and music) to be had!

**Space is limited to 14 participants. This retreat will sell out quickly!**  
Please apply now to avoid disappointment.

**Special application/pricing is open now for all friends of The Red Shoes, for a limited time.**

**This retreat will be announced to the public on December 13<sup>th</sup>. Special Red Shoes Discount of \$150 to each person who signs up by January 5, 2024.**

**I can't wait to share a piece of Ireland with you!**

#### **INVESTMENT:**

**\*\$3,845 Special Price (Double Occupancy). Includes \$150 Discount for friends of The Red Shoes up until January 5, 2024. Payment plan available.**

- \$3,995 (Double Occupancy) after January 5<sup>th</sup>.

- o Single Room supplement, please add \$600 (a limited number of single rooms are available)

#### **WHAT THE TRIP PRICE INCLUDES:**

- Pasha as your retreat leader for the week.
- Luxury tour coaching with experienced driver/guide for all excursions. All entry fees to special sites and local experts.
- Accommodations for 7 nights, commencing on May 16th; including full Irish breakfasts daily, 6 dinners (3 courses with coffee/tea). Lunches/ drinks/gratuities and spa services are at your own discretion.

- Transportation to and from **Shannon airport** on May 16<sup>th</sup> and 23<sup>rd</sup>. If you would like to extend your trip on either side, we are happy to make suggestions. If you decide to arrive in Shannon airport a day or two early to acclimate, we are happy to pick you up upon May 16<sup>th</sup> at your local hotel or you can meet us at the airport for transfer to Westport.
- **AIRFARE IS NOT INCLUDED.** We strongly recommend you purchase your own Travel Insurance.
- **\*PASSPORT:** Each participant needs a passport valid for 6 months beyond your departure date

### **TO RESERVE YOUR SPOT:**

[Please fill out and submit the brief application form here.](#)

A non-refundable deposit of \$600 is required upon acceptance of your application. **Please do not book your flight until we confirm arrival and departure times for airport transfers.**

Red Shoes Discount until January 5<sup>th</sup>, 2024 pricing:

- \$1,322.50 (per person sharing) due by Feb 1st/ or \$1,622.50 for single room guests.
- \$1, 922.50 balance (per person sharing) due by March 1st/ or \$2,222.50 for single room.
- Preferred payment is Venmo: @Pasha-Hogan or  
Zelle: pashahogan@gmail.com

### **CANCELLATION POLICY:**

The \$600 deposit is nonrefundable. If you need to withdraw your application, please do so before February 14<sup>th</sup> in order to be reimbursed for the \$1,322.50 first installment. Reimbursement for any cancellation after February 14<sup>th</sup> will depend on if you are able to find someone to fill your place. Please be advised, to be fair to all participants, there are no exceptions to our refund policy. If we need to cancel for any reason, you will be reimbursed fully. **To protect your investment please purchase travel insurance.**